

FOR RESIDENTS OF
COHASSET, HINGHAM & SCITUATE

SUPPORT GROUP FOR EXCESSIVE CLUTTER & HOARDING BEHAVIOR



Is this group for you?

- Are you a resident of Cohasset, Hingham, or Scituate?
- Is overwhelming clutter taking over space at work or home, creating safety hazards or affecting relationships?
- Seeking strategies, support, and motivation to reduce clutter, manage hoarding, and improve daily life?

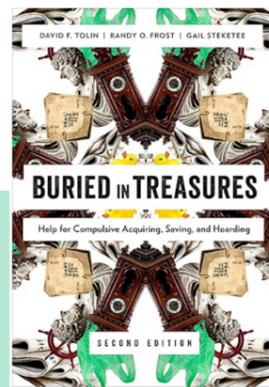
To Register:

Call (617) 358-4213

(BU Hoarding Project) - OR -

Email Hoarding@BU.edu

Seats are limited! Registration is
required to hold your seat



12 WEEKLY SESSIONS
SCITUATE SENIOR CENTER
TUESDAYS 4:00-5:30PM
JANUARY 13 - MARCH 31

About the Group

- Small, in-person format, clinician-led
- Pre- and post-group calls to assess hoarding symptoms
- Review and discussion of the book *Buried in Treasures, Help for Compulsive Acquiring, Saving, and Hoarding*
- Topics: Defining hoarding, how it happens, and gaining motivation and skills to reduce clutter
- Based upon 20 years of research and effective interventions

Presented by:

South Shore Public Health
Collaborative

in collaboration with South Shore CRC
& Boston University