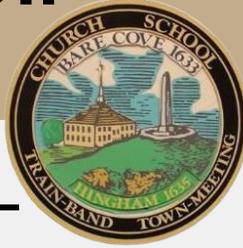


# Hingham Mental Health Coalition Speaker Series



## A Discussion About Drug and Alcohol Dependency and Recovery.

Join Us on July 19 at 7 p.m.

Central North/South Conference Room, Hingham Town Hall

Coco Wellington currently owns a private practice in Scituate. She will lead a conversation about drug and alcohol dependency and addiction's effects on the body and mind, as well as dive into why people misuse drugs. She will also explore the stages of dependence and recovery. Before moving to Scituate she worked at Cambridge Hospital as the Lead Mental Health Clinician. Wellington trained at Massachusetts Mental Health Center working with those 18-years-old and older to manage anxiety, depression, life transitions, performance psychology and substance use challenges and recovery.

Coco Wellington, Licensed Mental Health Clinician (LMHC)



*Building Community Resilience Amid Drug Addiction*

For questions please call the Hingham Health Department (781) 741-1466

or email [HealthDirector@Hingham-ma.gov](mailto:HealthDirector@Hingham-ma.gov)